

OTTER TRAIL GUIDE

TIDES JUNE 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0415	1644	1021	2230
2	0725	1726	0447	1715	1052	2304
3	0726	1726	0520	1746	1124	2339
4	0726	1726	0553	1820	1156	----
5	0727	1726	0628	1858	0017	1231
6	0727	1725	0709	1946	0059	1310
7	0728	1725	0757	2046	0152	1358
8	0728	1725	0858	2201	0258	1459
9	0729	1725	1016	2315	0418	1621
10	0729	1725	1141	----	0538	1746
11	0730	1725	0019	1253	0643	1853
12	0730	1725	0116	1352	0738	1949
13	0731	1725	0210	1445	0828	2040
14	0731	1725	0303	1535	0917	2131
15	0732	1725	0354	1623	1004	2221
16	0732	1725	0444	1710	1050	2312
17	0732	1725	0533	1757	1134	----
18	0733	1725	0619	1843	0001	1216
19	0733	1726	0704	1930	0051	1258
20	0733	1726	0749	2020	0141	1340
21	0733	1726	0836	2115	0235	1426
22	0733	1726	0933	2220	0337	1521
23	0733	1726	1048	2329	0452	1637
24	0734	1727	1213	----	0607	1803
25	0734	1727	0032	1321	0706	1908
26	0734	1727	0125	1411	0753	1957
27	0734	1728	0211	1452	0832	2038
28	0734	1728	0252	1529	0908	2115
29	0734	1728	0330	1602	0942	2150
30	0734	1729	0406	1635	1014	2224

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

